



VITESSENCE® Prista P 360 Protein 70000519

These values are typical and do not represent a product specification.

Typical Nutritional Data

Calories, kcal/100g	327	Amino Acids	% hydrolysable
Calories from Fat, kcal	28		AA
Moisture, %	4.9	Arginine, %	5.1
Protein, %	61.3	Histidine, %	1.4
Total Carbohydrates, %	24.8	Isoleucine, %	2.3
Dietary Fiber*, %	12.3	Leucine, %	4.1
Insoluble Fiber, %	10.9	Lysine, %	3.4
Soluble Fiber, %	1.4	Methionine, %	0.4
Sugars, %	1.3	Phenylalanine, %	2.4
Sucrose, %	1.3	Threonine, %	1.9
Glucose, Lactose, %each	<0.1	Valine, %	2.5
Fructose, %	<0.1	Alanine, %	2.0
Other Carbohydrates, %	11.2	Aspartic acid, %	5.7
Total Fat, %	3.2	Cysteine, %	0.5
Saturated Fat, %	0.60	Glutamic acid, %	9.0
Trans Fat, %	0	Glycine, %	1.9
Monounsaturated Fat, %	0.7	Serine, %	2.5
Polyunsaturated Fat, %	1.8	Tryptophan, %	0.5
Cholesterol, mg/100g	0	Tyrosine, %	1.7
Ash, %	5.9	Proline, %	2.2
Minerals		Non-protein Nitrogen content, %	5.0
Potassium, mg/100g	2200		
Sodium, mg/100g	18	PDCAAS	TBD
Calcium, mg/100g	91	(based on Joint FAO/WHO/UNU, Rome	
Magnesium, mg/100g	263	1991 protein quality evaluation)	
Iron, mg/100g	6.4	Zinc, mg/100g	9.1
Vitamins		Phosphorus, mg/100g	872
Vitamin A, mcg RAE	0.0	Copper, mg/100g	2.1
Thiamin (B1), mg/100g	1.1	Manganese, mg/100g	2.3
Riboflavin (B2), mg/100g	4.2	Vitamin C, mg/100g	0
Niacin (B3), mg/100g	3.5	Folates (may include folic acid), mcg	114.3
Pyridoxine (B6), mg/100g	0.6	Pantothenic acid, mg/100g	0.4
Vitamin D mcg/100g	0	Cyanocobalamin (B12), mcg	0
		Vitamin E, mg/100g	0

*The dietary fiber was measured using AOAC 991.43 method. When using the AOAC 2011.25, the relevant values are:

Dietary Fiber: 22.1

Soluble Fiber: 10.2

Insoluble Fiber: 11.9

Other Carbohydrate: 1.45

Calories: 305

Effective Date: January 31, 2022

Next Review Date: January 31, 2025

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5 Westbrook Corporate Ctr. 1600 – 90 Burnhamthorpe Rd., West
Westchester, Illinois 60154 Mississauga, Ontario L5B 0H9
U.S.A. Canada
708.551.2600 905.281.7950

www.ingredion.us