

## Pea & Rice Isolate I780 7000I152

These values are typical and do not represent a product specification.

### Typical Nutritional Data

Calories, kcal/100g	408	Amino Acids	% hydrolysable
Calories from Fat, kcal	86		AA
Moisture, %	3.7	Arginine, %	6.83
Protein, %	80.4	Histidine, %	1.98
		Isoleucine, %	3.78
Total Carbohydrates, %	2.8	Leucine, %	6.77
Dietary Fiber, %	2.5	Lysine, %	5.4
Insoluble Fiber, %	2.5	Methionine, %	1.23
Soluble Fiber, %	0	Phenylalanine, %	4.43
Sugars, %	0.2	Threonine, %	2.97
Sucrose, %	0.2	Valine, %	4.33
Glucose, %	<0.1	Alanine, %	3.66
Lactose, %	<0.1	Aspartic acid, %	8.95
Maltose, %	<0.1	Cysteine, %	0.99
Fructose, %	<0.1	Glutamic acid, %	13.76
Other Carbohydrates, %	0.1	Glycine, %	3.32
		Serine, %	4.1
Total Fat, %	9.5	Tryptophan, %	0.9
Saturated Fat, %	1.89	Tyrosine, %	3.25
Trans Fat, %	0.03	Proline, %	3.52
Monounsaturated Fat, %	2.95	Non-protein Nitrogen content, %	<1.0
Polyunsaturated Fat, %	4.21		
Cholesterol, mg/100g	0		
Ash, %	3.7		
Minerals			
Potassium, mg/100g	258	Magnesium, mg/100g	54.9
Sodium, mg/100g	780	Phosphorus, mg/100g	822
Calcium, mg/100g	31.5	Copper, mg/100g	<1.0
Iron, mg/100g	15.7	Manganese, mg/100g	1.1
Zinc, mg/100g	9.3		
Vitamins			
Vitamin A, mcg RAE	0.0	Vitamin C, mg/100g	<0.5
Thiamin (B1), mg/100g	0.3	Folates (may include folic acid), mcg	<10
Riboflavin (B2), mg/100g	0.1	Pantothenic acid, mg/100g	0.3
Niacin (B3), mg/100g	1.1	Cyanocobalamin (B12), mcg	0.2
Pyridoxine (B6), mg/100g	0.1	Vitamin E, mg/100g	<0.1
Vitamin D mcg/100g	0		

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