

PRODUCT: NSF-12

Effective date: October 2021  
Version 2

**NUTRITIONAL INFORMATION**

Nutritional Information	Amount Per 100g
Calories (kcal)	395 <sup>a</sup>
Total Fat (g)	0
....Saturated fat (g)	0
....Trans fat (g)	0
Cholesterol (mg)	0
Sodium (mg)	3.6
Total Carbohydrate (g)	97.8 <sup>b</sup>
Total Sugars (g)	0
.....including Added Sugars (g)	0 <sup>c</sup>
...Dietary Fiber (g)	0
Protein (g)	0.3
Vitamin D (mcg)	ND
Calcium (mg)	3.6
Iron (mg)	0.3
Potassium (mg)	3.8

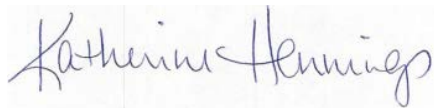
**At typical usage levels in a finished product, this stevia ingredient does not contribute energy (Calories), fat, carbohydrate, sugar, protein, dietary fiber, vitamins or minerals of dietary significance for product labeling.**

<sup>a</sup> Energy content: under current labelling legislation, we are obliged to declare the energy content of stevia products by applying the general energy factors (4 kcal/g carbohydrate; 4 kcal / g protein; 9 kcal/g fat) to the analyzed nutritional values. However, it is well established that steviol glycosides – the natural sweet components of stevia – are not digested, absorbed and metabolized by humans to give energy. Additionally, stevia is about 200 – 350 times sweeter than sugar and so is used in very small quantities in food/beverage products. Even if the stevia glycosides were digested and metabolized by humans, the amount present would contribute an insignificant amount of energy to the diet (approximately 0.01 kcal/100ml at a typical usage level in a soft drink). Therefore, stevia can be considered as a **ZERO CALORIE INGREDIENT**.

<sup>b</sup> Total carbohydrate: under US labelling legislation, carbohydrate is declared as 'total carbohydrate by difference' (total weight minus crude protein, total fat, moisture and ash).

<sup>c</sup> Added sugars: under US labelling legislation, if the mono- and disaccharide contribution from this product is greater than 0.5g grams per serving, the total sugars content is considered as added sugars.

ND = not detectable



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