



Ingredion™

nutritional information

VITESSENCE® Pulse 1853 Pea Protein 70000166

VITESSENCE® Pulse 1853 Pea Protein is prepared by water-based extraction of yellow peas (*Pisum sativum*). It contains a minimum of 84% protein content on dry matter basis.

These values are typical and do not represent a product specification.

Typical Nutritional Data

Calories, kcal/100g	396	Amino Acids	% hydrolysable
Calories from Fat, kcal	68		AA
Moisture, %	3.8	Arginine, %	6.4
Protein, %	81.7	Histidine, %	1.8
Total Carbohydrates, %	2.9	Isoleucine, %	3.4
Dietary Fiber, %	2.6	Leucine, %	6.0
Insoluble Fiber, %	2.6	Lysine, %	5.5
Soluble Fiber, %	0	Methionine, %	0.8
Sugars, %	0.3	Phenylalanine, %	4.0
Sucrose, %	0.3	Threonine, %	2.6
Glucose, %	<0.1	Valine, %	3.6
Lactose, %	<0.1	Alanine, %	2.9
Maltose, %	<0.1	Aspartic acid, %	8.4
Fructose, %	<0.1	Cysteine, %	0.7
Other Carbohydrates, %	0	Glutamic acid, %	12.5
Total Fat, %	7.5	Glycine, %	2.6
Saturated Fat, %	1.70	Serine, %	2.2
Trans Fat, %	0.04	Tryptophan, %	0.8
Cholesterol, mg/100g	0	Tyrosine, %	2.8
Ash, %	4.1	Proline, %	3.1
Minerals		Non-protein Nitrogen content, %	1.8
Potassium, mg/100g	337	PDCAAS	TBD
Sodium, mg/100g	1134	(based on Joint FAO/WHO/UNU, Rome	
Calcium, mg/100g	33	1991 protein quality evaluation)	
Magnesium, mg/100g	61	Copper, mg/100g	1.3
Iron, mg/100g	16.3	Manganese, mg/100g	<1.0
Zinc, mg/100g	8.0		
Phosphorus, mg/100g	1020		
Vitamins			
Vitamin A, mcg RAE/100g	0.0	Vitamin C, mg/100g	<0.5
Thiamin (B1), mg/100g	0.3	Folates (may include folic acid), mcg	56
Riboflavin (B2), mg/100g	0.2	Pantothenic acid, mg/100g	0.4
Niacin (B3), mg/100g	1.2	Cyanocobalamin (B12), mcg	1
Pyridoxine (B6), mg/100g	0.1	Vitamin E, mg/100g	<0.1
Vitamin D mcg/100g	0		

Effective Date: June 16, 2021

Next Review Date: June 16, 2024

The information described above is offered solely for your consideration, investigation, and independent verification. It is up to you to decide whether and how to use this information. Ingredion Incorporated and the Ingredion group of companies make no warranty about the accuracy or completeness of the information contained above or the suitability of any of their products for your specific intended use. Furthermore, all express or implied warranties of noninfringement, merchantability, or fitness for a particular purpose are hereby disclaimed. Ingredion Incorporated and the Ingredion group of companies assume no responsibility for any liability or damages arising out of or relating to any of the foregoing.

The INGREDION mark and logo are trademarks of the Ingredion group of companies. All rights reserved. All contents copyright © 2021.

5 Westbrook Corporate Ctr. 1600 – 90 Burnhamthorpe Rd., West
Westchester, Illinois 60154 Mississauga, Ontario L5B 0H9
U.S.A. Canada
708.551.2600 905.281.7950

www.ingredion.us