

Homecraft® Pulse 1101 37102E00

These values are typical and do not represent a product specification.

Typical Nutritional Data

Calories, kcal/100g	335	Amino Acids	% hydrolysable
Calories from Fat, kcal	17		AA
Moisture, %	8.7	Arginine, %	1.9
Protein, %	23.1	Histidine, %	0.5
Total Carbohydrates, %	63.9	Isoleucine, %	0.8
Dietary Fiber*, %	7.6	Leucine, %	1.5
Insoluble Fiber, %	7.1	Lysine, %	1.6
Soluble Fiber, %	0.5	Methionine, %	0.2
Sugars, %	2.4	Phenylalanine, %	1.0
Sucrose, %	2.1	Threonine, %	0.8
Glucose, Lactose, %each	<0.1	Valine, %	1.0
Maltose, %	0.3	Alanine, %	0.8
Other Carbohydrates, %	53.9	Aspartic acid, %	2.3
Total Fat, %	1.9	Cysteine, %	0.3
Saturated Fat, %	0.32	Glutamic acid, %	3.4
Trans Fat, %	0	Glycine, %	0.8
Monounsaturated Fat, %	0.44	Serine, %	1.0
Polyunsaturated Fat, %	1.02	Tryptophan, %	0.2
Cholesterol, mg/100g	0	Tyrosine, %	0.6
Ash, %	2.4	Proline, %	0.8
Minerals		Non-protein Nitrogen content, %	2.9
Potassium, mg/100g	945	Zinc, mg/100g	2.9
Sodium, mg/100g	<3.0	Phosphorus, mg/100g	315
Calcium, mg/100g	40	Copper, mg/100g	<1.0
Magnesium, mg/100g	104	Manganese, mg/100g	<1.0
Iron, mg/100g	4.5		
Vitamins			
Vitamin A, mcg RAE	0.5	Vitamin C, mg/100g	0
Thiamin (B1), mg/100g	0.8	Folates (may include folic acid), mcg	32
Riboflavin (B2), mg/100g	0.2	Pantothenic acid, mg/100g	1.2
Niacin (B3), mg/100g	3.2	Cyanocobalamin (B12), mcg	0.2
Pyridoxine (B6), mg/100g	0.3	Vitamin E, mg/100g	0
Vitamin D mcg/100g	0		

*The dietary fiber was measured using AOAC 991.43 method. When using the AOAC 2011.25, the relevant values are:

Dietary fiber: 17.8

Soluble fiber: 8.6

Insoluble fiber: 9.2

Other carbohydrate: 43.7

Calories: 311

Effective Date: January 31, 2022

Next Review Date: January 31, 2025

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