



Ingredion™

nutritional information

VITESSENCE® Prista P 360 Protein 700005 I9

These values are typical and do not represent a product specification.

Typical Nutritional Data

| | | | |
|--------------------------|------|---------------------------------------|----------------|
| Calories, kcal/100g | 327 | Amino Acids | % hydrolysable |
| Calories from Fat, kcal | 28 | | AA |
| Moisture, % | 4.9 | Arginine, % | 5.1 |
| Protein, % | 61.3 | Histidine, % | 1.4 |
| Total Carbohydrates, % | 24.8 | Isoleucine, % | 2.3 |
| Dietary Fiber*, % | 12.3 | Leucine, % | 4.1 |
| Insoluble Fiber, % | 10.9 | Lysine, % | 3.4 |
| Soluble Fiber, % | 1.4 | Methionine, % | 0.4 |
| Sugars, % | 1.3 | Phenylalanine, % | 2.4 |
| Sucrose, % | 1.3 | Threonine, % | 1.9 |
| Glucose, Lactose, %each | <0.1 | Valine, % | 2.5 |
| Fructose, % | <0.1 | Alanine, % | 2.0 |
| Other Carbohydrates, % | 11.2 | Aspartic acid, % | 5.7 |
| Total Fat, % | 3.2 | Cysteine, % | 0.5 |
| Saturated Fat, % | 0.60 | Glutamic acid, % | 9.0 |
| Trans Fat, % | 0 | Glycine, % | 1.9 |
| Monounsaturated Fat, % | 0.7 | Serine, % | 2.5 |
| Polyunsaturated Fat, % | 1.8 | Tryptophan, % | 0.5 |
| Cholesterol, mg/100g | 0 | Tyrosine, % | 1.7 |
| Ash, % | 5.9 | Proline, % | 2.2 |
| Minerals | | Non-protein Nitrogen content, % | 5.0 |
| Potassium, mg/100g | 2200 | | |
| Sodium, mg/100g | 18 | PDCAAS | TBD |
| Calcium, mg/100g | 91 | (based on Joint FAO/WHO/UNU, Rome | |
| Magnesium, mg/100g | 263 | 1991 protein quality evaluation) | |
| Iron, mg/100g | 6.4 | Zinc, mg/100g | 9.1 |
| Vitamins | | Phosphorus, mg/100g | 872 |
| Vitamin A, mcg RAE | 0.0 | Copper, mg/100g | 2.1 |
| Thiamin (B1), mg/100g | 1.1 | Manganese, mg/100g | 2.3 |
| Riboflavin (B2), mg/100g | 4.2 | Vitamin C, mg/100g | 0 |
| Niacin (B3), mg/100g | 3.5 | Folates (may include folic acid), mcg | 114.3 |
| Pyridoxine (B6), mg/100g | 0.6 | Pantothenic acid, mg/100g | 0.4 |
| Vitamin D mcg/100g | 0 | Cyanocobalamin (B12), mcg | 0 |
| | | Vitamin E, mg/100g | 0 |

*The dietary fiber was measured using AOAC 991.43 method. When using the AOAC 2011.25, the relevant values are:

Dietary Fiber: 22.1

Soluble Fiber: 10.2

Insoluble Fiber: 11.9

Other Carbohydrate: 1.45

Calories: 305

Effective Date: January 31, 2022

Next Review Date: January 31, 2025

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