



## VITESSENCE® Pulse 2550 Protein 37403F00

These values are typical and do not represent a product specification.

### Typical Nutritional Data

Calories, kcal/100g	327	Amino Acids	% hydrolysable
Calories from Fat, kcal	36		AA
Moisture, %	6.9	Histidine, %	1.2
Protein, %	53.3	Isoleucine, %	2.0
Total Carbohydrates, %	31.3	Leucine, %	3.5
Dietary Fiber*, %	12.9	Lysine, %	3.5
Insoluble Fiber, %	11.1	Methionine, %	0.4
Soluble Fiber, %	1.9	Cysteine, %	0.4
Sugars, %	2.4	Phenylalanine, %	2.4
Sucrose, %	2.0	Tyrosine, %	1.3
Glucose, Lactose, %each	<0.1	Threonine, %	1.7
Maltose, %	0.3	Tryptophan, %	0.4
Fructose, %	<0.1	Valine, %	2.3
Other Carbohydrates, %	16.0	Glycine, %	1.6
Total Fat, %	4.0	Arginine, %	4.2
Saturated Fat, %	0.70	Proline, %	1.7
Trans Fat, %	0	Aspartic acid, %	5.2
Monounsaturated Fat, %	1.13	Glutamic acid, %	7.5
Polyunsaturated Fat, %	2.01	Alanine, %	1.8
Cholesterol, mg/100g	0	Serine, %	2.3
Ash, %	4.5	Non-protein Nitrogen content, %	5.8
Minerals		PDCAAS	0.6
Sodium, mg/100g	3	(based on Joint FAO/WHO/UNU, Rome	
Potassium, mg/100g	1870	1991 protein quality evaluation)	
Calcium, mg/100g	51	Magnesium, mg/100g	180
Iron, mg/100g	6.4	Zinc, mg/100g	7.7
		Phosphorus, mg/100g	725
		Copper, mg/100g	1.5
		Manganese, mg/100g	2.1
Vitamins		Vitamin C, mg/100g	0
Vitamin A, mcg RAE	1.6	Folates (may include folic acid), mcg	143
Thiamin (B1), mg/100g	1.0	Pantothenic acid, mg/100g	0.8
Riboflavin (B2), mg/100g	0.3	Cyanocobalamin (B12), mcg	0
Niacin (B3), mg/100g	3.6	Vitamin E, mg/100g	0
Pyridoxine (B6), mg/100g	1.2		
Vitamin D mcg/100g	0		

\*The dietary fiber was measured using AOAC 991.43 method. When using the AOAC 2011.25, the relevant values are:

Dietary fiber: 22.6

Soluble fiber: 11.1

Insoluble fiber: 11.5

Other carbohydrate: 6.3

Calories: 306

Effective Date: November 30, 2022

Next Review Date: November 30, 2025

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