



Ingredion™

nutritional information

VITESSENCE™ Pulse CT 3602 Protein 3740IG00

VITESSENCE™ PULSE CT 3602 Protein is a faba bean protein which is the mechanically milled and processed portion of the dehulled split faba bean cotyledons of sound, healthy, dry and clean faba beans (*Vicia faba*). The protein undergoes proprietary physical treatment that provides cleaner flavor profile.

These values are typical and do not represent a product specification.

Typical Nutritional Data

Calories, kcal/100g	315	Amino Acids	% hydrolysable
Calories from Fat, kcal	33		AA
		Arginine, %	5.6
		Histidine, %	1.2
Moisture, %	5.2	Isoleucine, %	2.6
		Leucine, %	4.5
Protein, %	57.9	Lysine, %	3.8
		Methionine, %	0.4
Total Carbohydrates, %	25.9	Phenylalanine, %	2.5
Dietary Fiber, %	13.4	Threonine, %	2.0
Insoluble Fiber, %	13.4	Valine, %	2.7
Soluble Fiber, %	<0.2	Alanine, %	2.4
Sugars, %	1.7	Aspartic acid, %	6.3
Sucrose, %	1.7	Cysteine, %	0.6
Glucose, %	<0.1	Glutamic acid, %	9.6
Lactose, %	<0.1	Glycine, %	2.4
Maltose, %	<0.1	Serine, %	2.8
Fructose, %	<0.1	Tryptophan, %	0.6
Other Carbohydrates, %	10.8	Tyrosine, %	1.8
		Proline, %	2.5
Total Fat, %	3.7	Non-protein Nitrogen content, %	N/D
Saturated Fat, %	0.7		
Trans Fat, %	0		
Cholesterol, mg/100g	N/A		
Ash, %	5.7		
Minerals			
Potassium, mg/100g	2,040	Copper, mg/100g	2.4
Sodium, mg/100g	10	Manganese, mg/100g	2.3
Calcium, mg/100g	102		
Magnesium, mg/100g	242		
Iron, mg/100g	7.1		
Zinc, mg/100g	9.2		
Phosphorus, mg/100g	950		
Vitamins			
Vitamin A, IU/100g	0	Pantothenic acid, mg/100g	0.4
Thiamin (B1), mg/100g	0.7	Cyanocobalamin (B12), mcg	<0.1
Riboflavin (B2), mg/100g	3.3	Vitamin E, mg/100g	0.6
Niacin (B3), mg/100g	3.2		
Pyridoxine (B6), mg/100g	0.6		
Vitamin C, mg/100g	<0.5		
Folic acid, mcg	159		

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Next Review Date: November 14, 2021

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